

Ruderergometerleistung und Zensuren

Mädchen 11./12. Klasse

500m Durchschnitt 2:10 2:15 2:25 2:30

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	1:52	3:50	8:40	13:30	19:20	25:00
1	1:57	3:55:	8:45	13:35	19:25	25:05
1-	2:02	4:00	8:50	13:40	19:30	25:10
2+	2:07	4:05	8:55	13:45	19:35	25:15
2	2:12	4:10	9:00	13:50	19:40	25:20
2-	2:17	4:15	9:05	13:55	19:45	25:25
3+	2:22	4:20	9:10	14:05	19:50	25:30
3	2:27	4:25	9:15	14:10	19:55	25:35
3-	2:32	4:30	9:20	14:15	20:00	25:40
4+	2:37	4:35	9:25	14:20	20:05	25:45
4	2:42	4:40	9:30	14:25	20:10	25:50
4-	2:47	4:45	9:35	14:30	20:15	25:55
5+	2:52	4:50	9:40	14:35	20:20	26:00
5	2:57	4:55	9:45	14:40	20:25	26:05
5- / 6						

Jungen 11./12. Klasse

500m Durchschnitt 1:55 2:00 2:10 2:15

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	1:37	3:30	7:42	12:00	17:20	22:30
1	1:42	3:35	7:47	12:05	17:25	22:35
1-	1:47	3:40	7:52	12:10	17:30	22:40
2+	1:52	3:45	7:57	12:15	17:35	22:45
2	1:57	3:50	8:02	12:20	17:40	22:50
2-	2:02	3:55	8:07	12:25	17:45	22:55
3+	2:07	4:00	8:12	12:30	17:50	23:00
3	2:12	4:05	8:17	12:35	17:55	23:05
3-	2:17	4:10	8:22	12:40	18:00	23:10
4+	2:27	4:15	8:27	12:45	18:05	23:15
4	2:32	4:20	8:32	12:55	18:10	23:20
4-	2:37	4:25	8:37	13:00	18:15	23:25
5+	2:42	4:30	8:42	13:05	18:20	23:30
5	2:47	4:35	8:47	13:10	18:28	23:48
5- / 6						

Ruderergometerleistung und Zensuren

Mädchen 9./10. Klasse

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	2:07	4:35	9:35	14:45	20:05	25:20
1	2:12	4:40	9:40	14:50	20:10	25:25
1-	2:17	4:45	9:45	14:55	20:15	25:30
2+	2:20	4:50	9:50	15:00	20:20	25:35
2	2:22	4:55	9:55	15:05	20:25	25:40
2-	2:24	5:00	10:00	15:10	20:30	25:45
3+	2:27	5:05	10:05	15:15	20:35	25:50
3	2:30	5:10	10:10	15:20	20:40	25:55
3-	2:32	5:15	10:15	15:25	20:45	26:00
4+	2:35	5:20	10:20	15:30	20:50	26:05
4	2:37	5:25	10:25	15:35	20:55	26:10
4-	2:40	5:30	10:30	15:40	21:00	26:15
5+	2:43	5:35	10:35	15:45	21:05	26:20
5	2:45	5:40	10:40	15:50	21:10	26:25
5- / 6						

Jungen 9./10. Klasse

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	1:52	4:00	8:55	14:05	19:20	24:40
1	1:57	4:15	9:10	14:20	19:35	24:55
1-	2:02	4:25	9:25	14:35	19:55	25:10
2+	2:07	4:35	9:35	14:45	20:05	25:20
2	2:12	4:40	9:40	14:50	20:10	25:25
2-	2:17	4:45	9:45	14:55	20:15	25:30
3+	2:20	4:50	9:50	15:00	20:20	25:35
3	2:22	4:55	9:55	15:05	20:25	25:40
3-	2:24	5:00	10:00	15:10	20:30	25:45
4+	2:27	5:05	10:05	15:15	20:35	25:50
4	2:30	5:10	10:10	15:20	20:40	25:55
4-	2:32	5:15	10:15	15:25	20:45	26:00
5+	2:35	5:20	10:20	15:30	20:50	26:05
5	2:37	5:25	10:25	15:35	20:55	26:10
5- / 6						

Ruderergometerleistung und Zensuren

Mädchen 7./8. Klasse

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	2:20	4:50	9:50	15:00	20:20	25:35
1	2:22	4:55	9:55	15:05	20:25	25:40
1-	2:24	5:00	10:00	15:10	20:30	25:45
2+	2:27	5:05	10:05	15:15	20:35	25:50
2	2:30	5:10	10:10	15:20	20:40	25:55
2-	2:32	5:15	10:15	15:25	20:45	26:00
3+	2:35	5:20	10:20	15:30	20:50	26:05
3	2:37	5:25	10:25	15:35	20:55	26:10
3-	2:40	5:30	10:30	15:40	21:00	26:15
4+	2:43	5:35	10:35	15:45	21:05	26:20
4	2:45	5:40	10:40	15:50	21:10	26:25
4-	2:48	5:50	10:50	16:00	21:20	26:30
5+	2:50	5:55	10:55	16:05	21:25	26:35
5	2:53	6:00	11:00	16:10	21:30	26:40
5- / 6						

Jungen 7./8. Klasse

Note	500m	1.000m	2.000m	3.000m	4.000m	5.000m
1+	2:07	4:35	9:35	14:45	20:05	25:20
1	2:12	4:40	9:40	14:50	20:10	25:25
1-	2:17	4:45	9:45	14:55	20:15	25:30
2+	2:20	4:50	9:50	15:00	20:20	25:35
2	2:22	4:55	9:55	15:05	20:25	25:40
2-	2:24	5:00	10:00	15:10	20:30	25:45
3+	2:27	5:05	10:05	15:15	20:35	25:50
3	2:30	5:10	10:10	15:20	20:40	25:55
3-	2:32	5:15	10:15	15:25	20:45	26:00
4+	2:35	5:20	10:20	15:30	20:50	26:05
4	2:37	5:25	10:25	15:35	20:55	26:10
4-	2:40	5:30	10:30	15:40	21:00	26:15
5+	2:43	5:35	10:35	15:45	21:05	26:20
5	2:45	5:40	10:40	15:50	21:10	26:25
5- / 6						